



BSCA BULLETIN

BRITISH SCHOOLS CYCLING ASSOCIATION



Issue 4 April 09

Welcome to the E-mail newsletter of the British Schools Cycling Organisation. Founded in 1967 we have, for the past 41, years promoted the sport and pastime of cycling for all young people and have offered opportunities for an increasing number to enjoy the benefits of all aspects of cycling.

How do we do this?

BSCA hold a series of regional and national competitions around the country for children in most cycling disciplines in a safe and controlled environment. We have a number of Saturday bike clubs, coaching events and fun days. We also offer comprehensive training packages for Leaders.

BSCA has a network of Regional Representatives around the country who can offer advice, support and details of local events.

BSCA WEBSITE; www.bsca.org.uk ~

The website is up and running and we are in the process of uploading current and archival information to it. We know there might be glitches so please bear with us.

any reports and photographs of BSCA events, especially National Championships would be appreciated, please send to secretary@bsca.org.uk

Racing News~National Championship Dates:

The Closing date for the National Hard Track, Circuits and Grass Track Championship Closing dates are fast approaching. Entry Forms for these can be found on the BSCA Website. Parents could you please ensure that you check who the entry cheques are payable to when sending the entries in.

Diary Dates: * Details changed

Nat Hard Track: 3rd May 2009 Portsmouth

Nat Grass Track: 25 May 2009 Lichfield

Nat Circuits: * Now 10th May 09 Darley Moor

Nat Time Trial (U14/U16/O16): *

Now Sun 14th June 2009 Stockton

Nat TT (U8/U10/U12): tbc Bradford

Nat Hill Climb: 8th Aug 2009

Gorcott Hill, Ullenhall, Warwickshire

National Championship Results:

Full results of the Cyclo Cross, the Mountain Bike Champs and the Rollers are available on the BSCA Website Congratulations to all who took part.

Winners of the **ROLLERS** on 15th March were:

U8 Boys

Lewis ASKEY Five Ways Primary School,
Cannock

U8 Girls

Josie NELSON Scotch Orchard Primary School
Lichfield

U10 Boys

Archie SCOTT St Teresa's Catholic Primary
School, Stoke on Trent

U10 Girls

Sophie CAPEWELL St Chad's CE (VA) Primary Sch
Lichfield

U12 Boys

Leighton Sharman Gorse Covert Primary School
Warrington

U12 Girls

Grace GARNER Thomas Estley Community Coll
Leicester

Team: 1st: Nether Stowe High School Lichfield
[Emily Nelson & Emily Capewell]

U14 Boys

Matthew Rotherham Canon Slade C of E School, Bury

U14 Girls

Emily THODAY Highfields School Matlock

U16 Boys

Samuel Broughton Counteshorpe Community College
Counteshorpe

U16 Girls

Rebecca WOMERSLEY The Mirfield Free Grammar,
Mirfield

O16 Boys

James SIMPSON North Halifax Grammar School

O16 Girls

Genevieve BILLINGTON North Bromsgrove High School

If you have queries regarding BSCA please contact the National Secretary: Sue Knight, 21 Bedhampton Road, North End, Portsmouth PO2 7J Tel: 023 9264 2226 Fax: 023 9266 0187

email: secretary@bsca.org.uk (please note email change)

DON'T FORGET TO GET YOUR 08/09 BSCA MEMBERSHIP CARDS

Rules Round-up

Just a reminder of certain of the BSCA rules that seem to cause concern for parents.

- **CLOSING DATES; NATIONAL CHAMPS** have a 2 week closing date and there are no entries on the day
- **REGIONAL CHAMPS** ~ Some promoters accept entry on the day, you need to check with them.
- Under the BSCA rules, Aero helmets are not permitted in Time Trial, Massed Start and Track races.
- Triathlon bars and Spinache style bar extensions are not permitted in any BSCA Massed start events Track, Cyclo-Cross and Mountain Bike races.
- **Grass Track:**~ U14, U12, U10, U8's compete on road bikes whilst the U&O16's use a fixed wheel.
- **Hard Track:**~ U12, U10, U8's compete on road bikes whilst the U14, U&O16's use a fixed wheel.
- **Children competing in National and Regional events must compete by their own efforts.**

Whilst there is no objection in helping struggling children up hills, children are not to be accompanied/pushed round the course as this gives an unfair advantage to children who do not have any help at all.

If there aren't any events in your region, why not organise one. Full support will be offered from us with detailed organiser's guideline and information packs issued for each event.

BSCA Awards

Are you aware of the various award schemes offered by BSCA for children? One of the schemes is the TRIX awards which progress children through the basic skills such as braking, mounting etc all the way to advanced tricks such as wheelies and bunny hops.

Other awards are available for competing in various races. An example of the Bronze award is taking part in four cyclo-cross/mountain bike races. For the gold award, sixteen events must be ridden, with two placings in the top three or four in the first six. Other awards are available for BMX, Standard rides, Touring and track/circuit events.

Calling all member schools -would you like a glittering trophy for your school cabinet?

Why not try for the Dunlop Trophy for the school gaining the most number of points under the award scheme.

Details of these awards are on our website:

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National Best All Rounder (BAR) Competition

Every year, all the results for the national championships are calculated and awards given for the top six in each age category. The 2008/2009 BAR standings after 3 events:

Age	Boy	
U8	Lewis Askey	Five Ways Primary School
U10	Archie Scott	St Teresa's Catholic Primary School
U12	Leighton Sharman	Gorse Covert Primary School
U14	Jake Womersley	The Mirfield Free Grammar
U16	Edward McParland	Ermysteds Grammar Sch
O16	James Simpson	North Halifax Grammar
	Robert Watson	Craven College
	Christopher Rickuss	Cardinal Griffin RC High
Age	Girl	
U8	Jennie Roberts	Heathfield, the Junior School To Rishworth High
U10	Sophie Capewell	St Chad's CE (VA) Primary
U12	Emily Nelson	Nether Stowe High School
U14	Emily Thoday	Highfields School
U16	Rebecca Womersley	The Mirfield Free Grammar
O16	Genevieve Billington	North Bromsgrove High School

School Team Awards: This year saw several Schools being awarded trophies for winning Team Awards in the National BAR Competition. School Teams comprise of two (for the Girls) from the same school in any age group and three in the case of boys.

Regional Reps

Eastern: [Norfolk, Suffolk, Cambridgeshire, Bedfordshire] Sit vacant but please contact: Nat Sec (Details below)

East Midlands: [Derbyshire, Nottinghamshire, Rutland, Lincolnshire, Northamptonshire] **Chris Mottram**, Parkside, Station Road, Darley Dale, MATLOCK, Derbys. DE4 2EQ
Tel: 01629 734 996 Email: cj@ormail.co.uk

North West: [Lancashire, Merseyside, Greater Manchester, Cheshire, Isle of Man] Situation vacant but please contact: Nat Sec (Details below)

Yorkshire: [All ridings within Yorkshire]

& **Northern:** [Cleveland, Cumbria, Durham, Tyne & Wear, Northumberland.] **Mandy Parker** 22 Airedale Gardens, Leeds LS13 1DN Tel: 0113 255 5775 Mob. 07917 860 292
email: mandyparker2@ntlworld.com

Or Helen Simpson, 78 Brow Lane, Clayton, Bradford, West Yorks BD14 6PT Tel: 01274 883 906
email: helen1simpson@tesco.net

Scotland: Sit vacant but please contact: Nat Sec (Details below)

Southern: [Gtr London, Middlesex, Essex, Hertfordshire, Surrey, Kent, Sussex, Somerset, Devon, Dorset, Cornwall, Buckinghamshire, Berkshire, Oxfordshire, Hampshire, Isle of Wight, Channel Islands] **Sue Knight**, 21 Bedhampton Road, North End, Portsmouth PO2 7J Tel: 023 9264 2226 Fax: 023 9266 0187 email: Secretary@bsca.org.uk

Wales **Kay Ball**

25 Bertram Street, Roath, CARDIFF Wales CF24 1NX
Tel: 029 2025 4260 email: kay.ball@ntlworld.com

West Midlands [Staffordshire, Shropshire, West Midlands, Warwickshire, Hereford & Worcester] **Ian Billington** 35 Birmingham Road, BROMSGROVE, Worcester, B61 0DR Tel: 01527 833 847
email: icbillington@lineone.net

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